



Host family Letter

This is your presentation to the host family. **Read and follow this guide seriously.**

It is important that you provide as much information as possible so that host families can get a good understanding of who you are, what you are hoping to gain from your au pair experience and what you can bring to their family.

Make sure in your personal / host family letter you include personal facts like:

- ✓ Your Name
- ✓ Your Age
- ✓ Your Country of origin
- ✓ Your Current home
- ✓ Your Family background
- ✓ What you are doing at the moment (work).
- ✓ Your hobbies
- ✓ Your interest
- ✓ Why do you want to be an au pair? (think carefully about this question)
- ✓ Describe how your personality will match in a host family → e.g. honest, open, respectful, reliable, discrete, affectionate, dedicated, patient, responsible, trustworthy.
- ✓ Experience with childcare → specify the age of the kids you took care of and how long you took care of the child
- ✓ Experience with elderly care → specify the age of the elderly and how long you have been taking care of
- ✓ Other working experience.
- ✓ Lifestyle interest
- ✓ Other Wishes

See the concept letter on the next page, don't copy exactly, make your own motivation/personal host family letter (tell the host family who you are and why they have to choose you as their au pair).



Concept Host Family Letter:

Dear future host family,

I'm a licensed _____ (*nurse midwife etc.*), I graduated last _____ and passed the _____ Licensure Exam on date: (*only if applicable*) _____.

I am currently working as _____ in the (*Philippines/Hong Kong/Thailand/Country where you are currently working*).

We're _____ in the family and I'm the _____. I have _____ siblings. We are truly a _____ family. (*You can tell more about your family background*)

I _____ (*adore, love, very fond of*) kids. I love taking care of them because _____ (*Specify why you (adore/love/very fond of kids)*) _____ !!!

I also love _____ (*reading/cooking/ any kind of sport, etc.*), if I have spare time I most likely spend it at _____ and _____. I do _____ and it interests me so much because _____. My hobbies are _____. My favourite _____ is because _____. I am passionate about _____ because _____. I wish to attend _____. I hope to (*see/go/learn*) _____.

I am a person who prefers _____ (to be alone / with people etc.)

I am trained by _____ to do household chores.

I realized I have to step up in life because (*specify your reason*) _____.

So when I heard about U-auPair, I really would like to become an au pair because of the program between host families and the au pairs in the culture exchange system.

I know in myself that I'm capable of being a good au pair for your family because (*specify your reason*) _____.

I would be grateful if I could share my interest with your children because I know _____. I hope we are sharing some interest with your family.

Looking forward to meeting you and your family.

Reference letter: You need to have two (2) reference letters. They should have known you for a long time and should mention your positive values and personality.